

年度別・年齢別平均体格（体重kg）

| 年 齢 | | 6歳 | 7歳 | 8歳 | 9歳 | 10歳 | 11歳 | 12歳 | 13歳 | 14歳 | 15歳 | 16歳 | 17歳 | |
|--------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 性別 | 区 分 | | | | | | | | | | | | | |
| 男 子 | S 4 5 | 全国平均 | 20.1 | 22.4 | 25.0 | 27.6 | 30.5 | 33.8 | 38.5 | 43.7 | 49.6 | 53.7 | 56.7 | 58.7 |
| | | 県平均 | 19.9 | 22.2 | 24.7 | 27.3 | 30.1 | 33.4 | 38.0 | 43.4 | 49.1 | 53.8 | 56.5 | 58.4 |
| | S 5 0 | 全国平均 | 20.5 | 22.9 | 25.4 | 28.5 | 31.5 | 35.2 | 40.0 | 45.6 | 51.0 | 55.4 | 57.8 | 59.2 |
| | | 県平均 | 20.2 | 22.6 | 25.2 | 28.2 | 31.1 | 34.6 | 39.6 | 45.1 | 50.6 | 54.8 | 57.4 | 59.0 |
| | S 5 5 | 全国平均 | 20.8 | 23.1 | 25.9 | 28.9 | 32.3 | 36.0 | 41.2 | 46.4 | 52.3 | 56.8 | 59.1 | 60.5 |
| | | 県平均 | 20.5 | 22.9 | 25.6 | 28.5 | 31.8 | 35.6 | 40.9 | 46.0 | 52.0 | 56.5 | 58.7 | 60.4 |
| | S 6 0 | 全国平均 | 21.2 | 23.7 | 26.5 | 29.5 | 32.8 | 36.5 | 41.8 | 47.4 | 53.0 | 57.9 | 60.0 | 61.5 |
| | | 県平均 | 21.0 | 23.5 | 26.1 | 29.1 | 32.4 | 35.8 | 41.3 | 46.9 | 52.3 | 57.3 | 59.5 | 61.1 |
| | H元 | 全国平均 | 21.5 | 24.0 | 27.0 | 30.3 | 33.7 | 37.9 | 43.4 | 48.7 | 54.1 | 58.7 | 60.6 | 62.0 |
| | | 県平均 | 21.3 | 23.8 | 26.6 | 30.0 | 33.3 | 37.3 | 42.8 | 48.3 | 53.4 | 58.0 | 59.9 | 61.4 |
| | H 5 | 全国平均 | 21.7 | 24.3 | 27.4 | 30.6 | 34.3 | 38.4 | 44.0 | 49.3 | 54.7 | 59.7 | 61.5 | 62.8 |
| | | 県平均 | 21.5 | 24.1 | 27.1 | 30.3 | 33.8 | 38.1 | 43.5 | 49.0 | 54.2 | 59.1 | 60.8 | 62.4 |
| | H 1 0 | 全国平均 | 21.7 | 24.4 | 27.7 | 31.3 | 35.0 | 39.4 | 44.9 | 50.2 | 55.2 | 59.7 | 61.3 | 62.7 |
| | | 県平均 | 21.6 | 24.2 | 27.4 | 30.9 | 34.6 | 39.0 | 44.7 | 49.7 | 54.6 | 58.9 | 61.1 | 62.2 |
| | H 1 5 | 全国平均 | 21.7 | 24.4 | 27.8 | 31.3 | 34.9 | 39.4 | 45.1 | 50.3 | 55.4 | 60.4 | 62.2 | 63.5 |
| | | 県平均 | 21.4 | 24.1 | 27.3 | 30.8 | 34.4 | 38.8 | 44.9 | 50.1 | 55.0 | 60.1 | 61.4 | 62.8 |
| | H 1 6 | 全国平均 | 21.6 | 24.3 | 27.5 | 31.0 | 34.7 | 39.0 | 44.9 | 50.1 | 55.2 | 60.1 | 62.2 | 63.5 |
| | | 県平均 | 21.3 | 24.0 | 27.2 | 30.6 | 34.4 | 38.6 | 44.7 | 49.6 | 55.0 | 59.9 | 61.5 | 62.9 |
| | H 2 1 | 全国平均 | 21.5 | 24.1 | 27.2 | 30.6 | 34.2 | 38.4 | 44.2 | 49.1 | 54.3 | 59.5 | 61.3 | 63.1 |
| | | 県平均 | 21.2 | 23.9 | 26.9 | 30.4 | 33.8 | 37.9 | 43.9 | 48.6 | 53.8 | 58.8 | 60.5 | 62.3 |
| | H 2 2 | 全国平均 | 21.4 | 24.0 | 27.2 | 30.5 | 34.1 | 38.4 | 44.1 | 49.2 | 54.4 | 59.5 | 61.5 | 63.1 |
| | | 県平均 | 21.2 | 23.9 | 27.0 | 30.2 | 33.9 | 38.1 | 43.9 | 48.8 | 53.9 | 58.9 | 60.8 | 62.4 |
| | H 2 3 | 全国平均 | 21.3 | 24.0 | 27.0 | 30.3 | 33.8 | 38.0 | 43.8 | 49.0 | 54.2 | 59.4 | 61.3 | 63.1 |
| | | 県平均 | 21.1 | 23.7 | 26.8 | 30.1 | 33.4 | 37.9 | 43.8 | 48.6 | 53.8 | 58.6 | 60.6 | 62.4 |
| | H 2 4 | 全国平均 | 21.3 | 24.0 | 27.1 | 30.5 | 34.0 | 38.2 | 44.0 | 49.0 | 54.2 | 59.2 | 61.1 | 62.9 |
| | | 県平均 | 21.2 | 23.8 | 26.7 | 30.1 | 33.7 | 37.7 | 43.9 | 48.7 | 53.8 | 58.8 | 60.2 | 62.4 |
| | H 2 5 | 全国平均 | 21.3 | 23.9 | 27.1 | 30.4 | 34.3 | 38.3 | 43.9 | 48.8 | 54.0 | 58.9 | 61.0 | 62.8 |
| | | 県平均 | 21.2 | 23.8 | 26.7 | 30.0 | 33.6 | 37.8 | 43.5 | 48.5 | 53.9 | 58.2 | 60.3 | 62.0 |
| H 2 6 | 全国平均 | 21.3 | 24.0 | 27.0 | 30.4 | 34.0 | 38.4 | 44.0 | 48.8 | 53.9 | 58.9 | 60.7 | 62.6 | |
| | 県平均 | 21.1 | 23.7 | 26.7 | 30.0 | 33.5 | 37.8 | 43.7 | 48.2 | 53.5 | 58.5 | 59.8 | 62.0 | |
| 女 子 | S 4 5 | 全国平均 | 19.5 | 21.8 | 24.4 | 27.2 | 31.0 | 35.7 | 40.6 | 44.9 | 48.3 | 50.5 | 51.7 | 52.1 |
| | | 県平均 | 19.4 | 21.7 | 24.1 | 27.0 | 30.6 | 35.0 | 40.2 | 44.5 | 47.7 | 49.9 | 51.0 | 51.5 |
| | S 5 0 | 全国平均 | 20.1 | 22.4 | 25.0 | 28.3 | 32.0 | 36.6 | 41.6 | 45.8 | 48.8 | 50.7 | 51.9 | 52.2 |
| | | 県平均 | 19.8 | 21.1 | 24.6 | 27.9 | 31.6 | 37.3 | 41.4 | 45.8 | 48.7 | 50.5 | 51.6 | 52.0 |
| | S 5 5 | 全国平均 | 20.3 | 22.6 | 25.4 | 28.5 | 32.5 | 37.4 | 42.6 | 46.5 | 49.6 | 51.5 | 52.2 | 52.3 |
| | | 県平均 | 20.1 | 22.4 | 25.2 | 28.3 | 32.2 | 37.0 | 42.3 | 46.3 | 49.4 | 51.1 | 52.1 | 52.3 |
| | S 6 0 | 全国平均 | 20.7 | 23.2 | 26.0 | 29.2 | 33.1 | 37.8 | 42.9 | 46.8 | 49.8 | 51.9 | 52.7 | 52.8 |
| | | 県平均 | 20.5 | 22.9 | 25.7 | 28.9 | 32.7 | 37.5 | 42.6 | 46.9 | 49.6 | 51.7 | 52.7 | 52.6 |
| | H元 | 全国平均 | 21.0 | 23.6 | 26.4 | 29.8 | 33.9 | 38.7 | 43.8 | 47.4 | 50.0 | 51.9 | 52.5 | 52.6 |
| | | 県平均 | 20.8 | 23.3 | 26.2 | 29.6 | 33.6 | 38.4 | 43.6 | 47.5 | 49.9 | 51.8 | 52.4 | 52.5 |
| | H 5 | 全国平均 | 21.2 | 23.8 | 26.8 | 30.2 | 34.4 | 39.4 | 44.2 | 47.9 | 50.4 | 52.3 | 53.0 | 53.2 |
| | | 県平均 | 21.1 | 23.6 | 26.6 | 30.0 | 34.1 | 39.1 | 44.2 | 47.8 | 50.4 | 52.2 | 52.9 | 53.0 |
| | H 1 0 | 全国平均 | 21.3 | 23.8 | 27.0 | 30.6 | 35.0 | 40.1 | 44.9 | 48.3 | 50.6 | 52.1 | 53.1 | 53.1 |
| | | 県平均 | 21.5 | 23.6 | 26.7 | 30.3 | 34.8 | 39.8 | 45.0 | 48.3 | 50.7 | 52.0 | 52.9 | 53.3 |
| | H 1 5 | 全国平均 | 21.2 | 23.8 | 26.9 | 30.5 | 34.7 | 40.0 | 44.8 | 48.1 | 50.9 | 52.3 | 53.4 | 53.5 |
| | | 県平均 | 21.0 | 23.5 | 26.7 | 30.1 | 34.4 | 39.3 | 44.7 | 48.0 | 50.8 | 52.2 | 53.1 | 53.5 |
| | H 1 6 | 全国平均 | 21.1 | 23.6 | 26.7 | 30.3 | 34.5 | 39.6 | 44.5 | 48.0 | 50.7 | 52.5 | 53.4 | 53.5 |
| | | 県平均 | 20.9 | 23.5 | 26.5 | 30.2 | 34.3 | 39.3 | 44.5 | 47.8 | 50.9 | 52.5 | 53.2 | 53.4 |
| | H 2 1 | 全国平均 | 21.0 | 23.5 | 26.5 | 30.0 | 34.1 | 39.0 | 43.8 | 47.3 | 50.2 | 51.6 | 52.8 | 52.9 |
| | | 県平均 | 20.8 | 23.3 | 26.3 | 29.8 | 33.7 | 38.6 | 43.9 | 47.4 | 50.2 | 51.8 | 52.6 | 53.0 |
| | H 2 2 | 全国平均 | 21.0 | 23.5 | 26.5 | 30.0 | 34.1 | 39.0 | 43.8 | 47.3 | 50.0 | 51.6 | 52.7 | 52.9 |
| | | 県平均 | 20.9 | 23.3 | 26.3 | 29.8 | 33.9 | 38.6 | 43.8 | 47.2 | 50.1 | 51.7 | 52.5 | 52.9 |
| | H 2 3 | 全国平均 | 20.8 | 23.4 | 26.4 | 29.8 | 34.0 | 38.8 | 43.6 | 47.1 | 49.9 | 51.4 | 52.4 | 52.8 |
| | | 県平均 | 20.7 | 23.3 | 26.1 | 29.5 | 33.8 | 38.6 | 43.7 | 47.1 | 49.9 | 51.4 | 52.6 | 52.7 |
| | H 2 4 | 全国平均 | 20.9 | 23.5 | 26.3 | 29.9 | 34.0 | 38.9 | 43.7 | 47.4 | 49.9 | 51.6 | 52.5 | 52.9 |
| | | 県平均 | 20.7 | 23.2 | 26.3 | 29.5 | 33.6 | 38.6 | 43.9 | 47.1 | 49.8 | 51.3 | 52.3 | 53.1 |
| | H 2 5 | 全国平均 | 20.9 | 23.5 | 26.4 | 30.0 | 34.0 | 39.0 | 43.7 | 47.1 | 49.9 | 51.4 | 52.5 | 52.9 |
| | | 県平均 | 20.7 | 23.1 | 26.1 | 29.6 | 33.5 | 38.4 | 43.8 | 47.4 | 50.0 | 51.2 | 52.1 | 52.6 |
| H 2 6 | 全国平均 | 20.8 | 23.4 | 26.4 | 29.8 | 34.0 | 39.0 | 43.6 | 47.2 | 50.0 | 51.4 | 52.4 | 52.9 | |
| | 県平均 | 20.7 | 23.2 | 26.0 | 29.5 | 33.6 | 38.4 | 43.7 | 47.2 | 50.1 | 51.4 | 52.3 | 52.6 | |