

年度別・年齢別平均体格（体重kg）

【調査時期 4月～6月】

| 年 齢 | | 6 歳 | 7 歳 | 8 歳 | 9 歳 | 10 歳 | 11 歳 | 12 歳 | 13 歳 | 14 歳 | 15 歳 | 16 歳 | 17 歳 | |
|-----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 性別 | 区 分 | | | | | | | | | | | | | |
| 男 | H20 | 全国平均 | 21.5 | 24.2 | 27.3 | 30.8 | 34.3 | 38.8 | 44.5 | 49.5 | 54.9 | 59.8 | 61.6 | 63.4 |
| | | 県平均 | 21.3 | 23.9 | 27.2 | 30.5 | 34.0 | 38.2 | 44.2 | 49.0 | 54.3 | 59.1 | 61.1 | 62.6 |
| | H25 | 全国平均 | 21.3 | 23.9 | 27.1 | 30.4 | 34.3 | 38.3 | 43.9 | 48.8 | 54.0 | 58.9 | 61.0 | 62.8 |
| | | 県平均 | 21.2 | 23.8 | 26.7 | 30.0 | 33.6 | 37.8 | 43.5 | 48.5 | 53.9 | 58.2 | 60.3 | 62.0 |
| | H26 | 全国平均 | 21.3 | 24.0 | 27.0 | 30.4 | 34.0 | 38.4 | 44.0 | 48.8 | 53.9 | 58.9 | 60.7 | 62.6 |
| | | 県平均 | 21.1 | 23.7 | 26.7 | 30.0 | 33.5 | 37.8 | 43.7 | 48.2 | 53.5 | 58.5 | 59.8 | 62.0 |
| | H27 | 全国平均 | 21.3 | 23.9 | 26.9 | 30.4 | 34.0 | 38.2 | 43.9 | 48.8 | 53.9 | 59.0 | 60.6 | 62.5 |
| | | 県平均 | 21.1 | 23.6 | 26.8 | 30.1 | 33.5 | 37.7 | 43.7 | 48.6 | 53.1 | 58.3 | 60.1 | 61.8 |
| | H28 | 全国平均 | 21.4 | 24.0 | 27.2 | 30.6 | 34.0 | 38.4 | 44.0 | 48.8 | 53.9 | 58.7 | 60.5 | 62.5 |
| | | 県平均 | 21.3 | 23.9 | 26.7 | 30.2 | 33.7 | 37.9 | 43.7 | 48.5 | 53.6 | 58.2 | 60.1 | 62.0 |
| | H29 | 全国平均 | 21.4 | 24.1 | 27.2 | 30.5 | 34.2 | 38.2 | 44.0 | 49.0 | 53.9 | 58.9 | 60.6 | 62.6 |
| | | 県平均 | 21.2 | 24.0 | 26.9 | 30.1 | 33.8 | 37.9 | 43.8 | 48.6 | 53.6 | 58.5 | 60.0 | 62.3 |
| | H30 | 全国平均 | 21.4 | 24.1 | 27.2 | 30.7 | 34.1 | 38.4 | 44.0 | 48.8 | 54.0 | 58.6 | 60.6 | 62.4 |
| | | 県平均 | 21.2 | 23.8 | 27.1 | 30.3 | 33.6 | 38.1 | 43.9 | 48.7 | 53.7 | 58.2 | 60.1 | 61.8 |
| | R元 | 全国平均 | 21.4 | 24.2 | 27.3 | 30.7 | 34.4 | 38.7 | 44.2 | 49.2 | 54.1 | 58.8 | 60.7 | 62.5 |
| | | 県平均 | 21.2 | 23.9 | 27.0 | 30.7 | 34.0 | 38.1 | 44.2 | 49.1 | 53.8 | 58.3 | 60.1 | 62.3 |
| | R2 | 全国平均 | 22.0 | 24.9 | 28.4 | 32.0 | 35.9 | 40.4 | 45.8 | 50.9 | 55.2 | 58.9 | 60.9 | 62.6 |
| | | 県平均 | 21.6 | 24.4 | 27.9 | 31.4 | 35.5 | 39.7 | 45.3 | 50.5 | 54.9 | 58.4 | 60.2 | 62.3 |
| | R3 | 全国平均 | 21.7 | 24.5 | 27.7 | 31.3 | 35.1 | 39.6 | 45.2 | 50.0 | 54.7 | 59.0 | 60.5 | 62.4 |
| | | 県平均 | 21.4 | 24.2 | 27.4 | 31.1 | 34.6 | 39.4 | 45.2 | 49.7 | 54.5 | 58.8 | 60.1 | 61.9 |
| R4 | 全国平均 | 21.8 | 24.6 | 28.0 | 31.5 | 35.7 | 40.0 | 45.7 | 50.6 | 55.0 | 59.1 | 60.7 | 62.5 | |
| | 県平均 | 21.5 | 24.3 | 27.7 | 31.2 | 35.3 | 39.7 | 46.0 | 50.8 | 54.8 | 58.8 | 60.1 | 62.2 | |
| 女 | H20 | 全国平均 | 21.0 | 23.6 | 26.6 | 30.1 | 34.4 | 39.3 | 44.2 | 47.7 | 50.4 | 52.0 | 53.0 | 53.2 |
| | | 県平均 | 20.9 | 23.5 | 26.4 | 29.8 | 33.9 | 38.9 | 44.3 | 47.9 | 50.5 | 52.1 | 53.0 | 53.1 |
| | H25 | 全国平均 | 20.9 | 23.5 | 26.4 | 30.0 | 34.0 | 39.0 | 43.7 | 47.1 | 49.9 | 51.4 | 52.5 | 52.9 |
| | | 県平均 | 20.7 | 23.1 | 26.1 | 29.6 | 33.5 | 38.4 | 43.8 | 47.4 | 50.0 | 51.2 | 52.1 | 52.6 |
| | H26 | 全国平均 | 20.8 | 23.4 | 26.4 | 29.8 | 34.0 | 39.0 | 43.6 | 47.2 | 50.0 | 51.4 | 52.4 | 52.9 |
| | | 県平均 | 20.7 | 23.2 | 26.0 | 29.5 | 33.6 | 38.4 | 43.7 | 47.2 | 50.1 | 51.4 | 52.3 | 52.6 |
| | H27 | 全国平均 | 20.8 | 23.4 | 26.4 | 29.7 | 33.9 | 38.8 | 43.6 | 47.3 | 49.9 | 51.5 | 52.6 | 53.0 |
| | | 県平均 | 20.7 | 23.2 | 26.1 | 29.4 | 33.6 | 38.5 | 43.5 | 47.3 | 50.0 | 51.6 | 52.4 | 52.5 |
| | H28 | 全国平均 | 20.9 | 23.5 | 26.4 | 29.8 | 34.0 | 39.0 | 43.7 | 47.2 | 50.0 | 51.7 | 52.6 | 52.9 |
| | | 県平均 | 20.7 | 23.2 | 26.2 | 29.6 | 33.5 | 38.6 | 43.9 | 47.1 | 50.0 | 51.6 | 52.5 | 52.9 |
| | H29 | 全国平均 | 21.0 | 23.5 | 26.4 | 29.9 | 34.0 | 39.0 | 43.6 | 47.2 | 50.0 | 51.6 | 52.6 | 53.0 |
| | | 県平均 | 20.7 | 23.2 | 26.2 | 29.6 | 33.7 | 38.5 | 43.8 | 47.3 | 49.8 | 51.5 | 52.6 | 53.1 |
| | H30 | 全国平均 | 20.9 | 23.5 | 26.4 | 30.0 | 34.1 | 39.1 | 43.7 | 47.2 | 49.9 | 51.6 | 52.5 | 52.9 |
| | | 県平均 | 20.7 | 23.1 | 26.1 | 29.6 | 33.7 | 38.5 | 43.7 | 47.5 | 50.2 | 51.4 | 52.3 | 53.0 |
| | R元 | 全国平均 | 20.9 | 23.5 | 26.5 | 30.0 | 34.2 | 39.0 | 43.8 | 47.3 | 50.1 | 51.7 | 52.7 | 53.0 |
| | | 県平均 | 20.8 | 23.2 | 26.2 | 29.6 | 33.7 | 38.7 | 43.9 | 47.6 | 50.3 | 51.7 | 52.5 | 53.0 |
| | R2 | 全国平均 | 21.5 | 24.3 | 27.4 | 31.1 | 35.4 | 40.3 | 44.5 | 47.9 | 50.2 | 51.2 | 51.9 | 52.3 |
| | | 県平均 | 21.1 | 23.8 | 27.0 | 30.4 | 34.6 | 39.5 | 44.4 | 47.9 | 50.3 | 51.5 | 52.2 | 52.5 |
| | R3 | 全国平均 | 21.2 | 23.9 | 27.0 | 30.6 | 35.0 | 39.8 | 44.4 | 47.6 | 50.0 | 51.3 | 52.3 | 52.5 |
| | | 県平均 | 21.0 | 23.6 | 26.7 | 30.3 | 34.4 | 39.3 | 44.2 | 47.7 | 50.2 | 51.6 | 52.5 | 52.8 |
| R4 | 全国平均 | 21.3 | 24.0 | 27.3 | 31.1 | 35.5 | 40.5 | 44.5 | 47.7 | 49.9 | 51.2 | 52.1 | 52.5 | |
| | 県平均 | 21.1 | 23.6 | 27.0 | 30.6 | 35.1 | 39.9 | 44.4 | 47.8 | 50.2 | 51.4 | 52.3 | 52.8 | |

※令和2～4年度は測定時期が例年と異なる（4月～3月）データのため、参考値として公表しているものである。